



ECS Impact on Indication Profile & Expanding Application of PGT-M

Svetlana Rechitsky

Anver Kuliev

Joe Leigh Simpson

**Reproductive Genetic Innovations
USA**



LEUVEN, 2025



PGT-M: Traditional and Novel Indications

- Autosomal recessive & dominant disorders
- X-linked diseases
- Late onset diseases:
 - Cancer
 - Cardiac diseases
 - Neurodegenerative conditions
- HLA GENOTYPING

Present RGI PGT experience (1990-2024)

Over **38,000** performed for **817** conditions

11,437 - Mendelian disorders (PGT-M)

Including:

650 - *DE NOVO* mutations

1651 - Cancer

1247 - Neurodegenerative

204 - Cardiac Conditions

581 - HLA

6457 - combined with PGT-A

27,167 - (PGT-A)

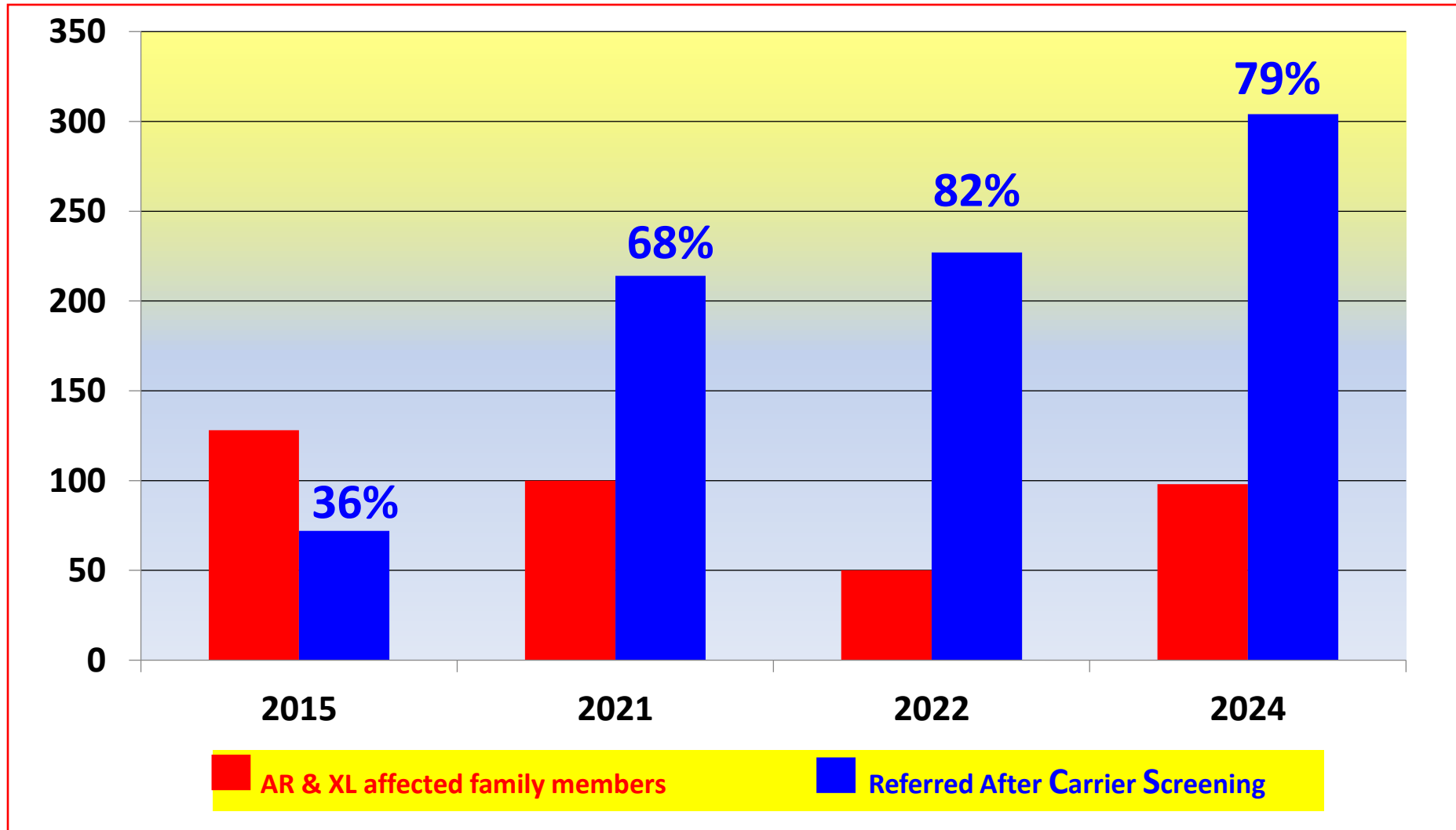
Why are PGT-M Cycles Increasing?

- **Expanded Carrier Screening identifies increasing # couples at risk**
1 in 300 pregnancies; 1 in 22 couples at risk
- **Recognition that embryo selection is achievable following a De Novo mutation in a single family member**
- **Disease-specific gene panels identify adults with heritable cancers and whose learn that their offspring are at risk for Late-onset single gene disorders**

INCREASED UTILIZATION OF PGT-M THROUGH PAN-ETHNIC EXPANDED CARRIER SCREENING

1 in 300 affected pregnancies

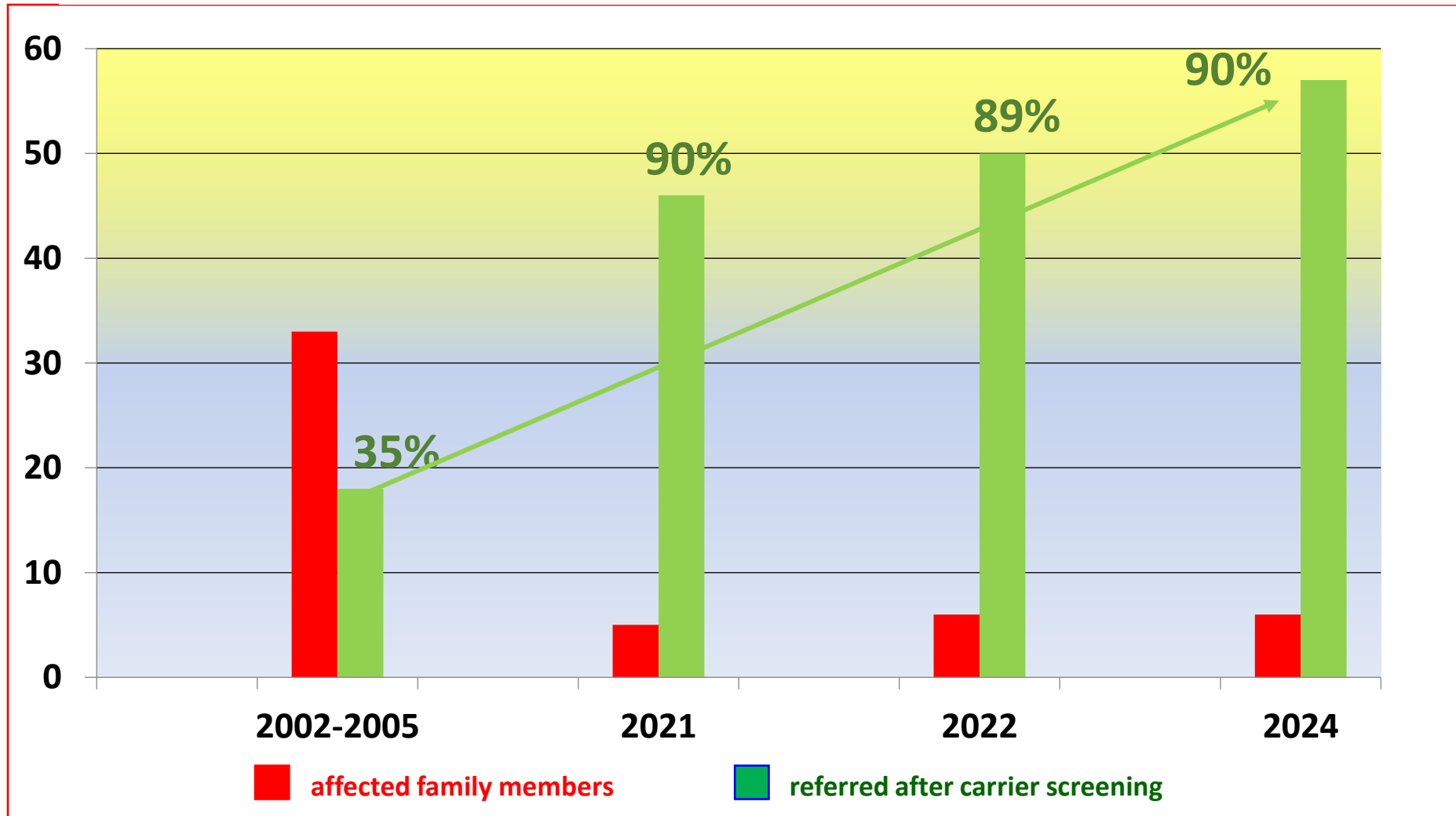
1 in 22 couples at risk



Increase in PGT-M requests for **Cystic Fibrosis** after carrier screening

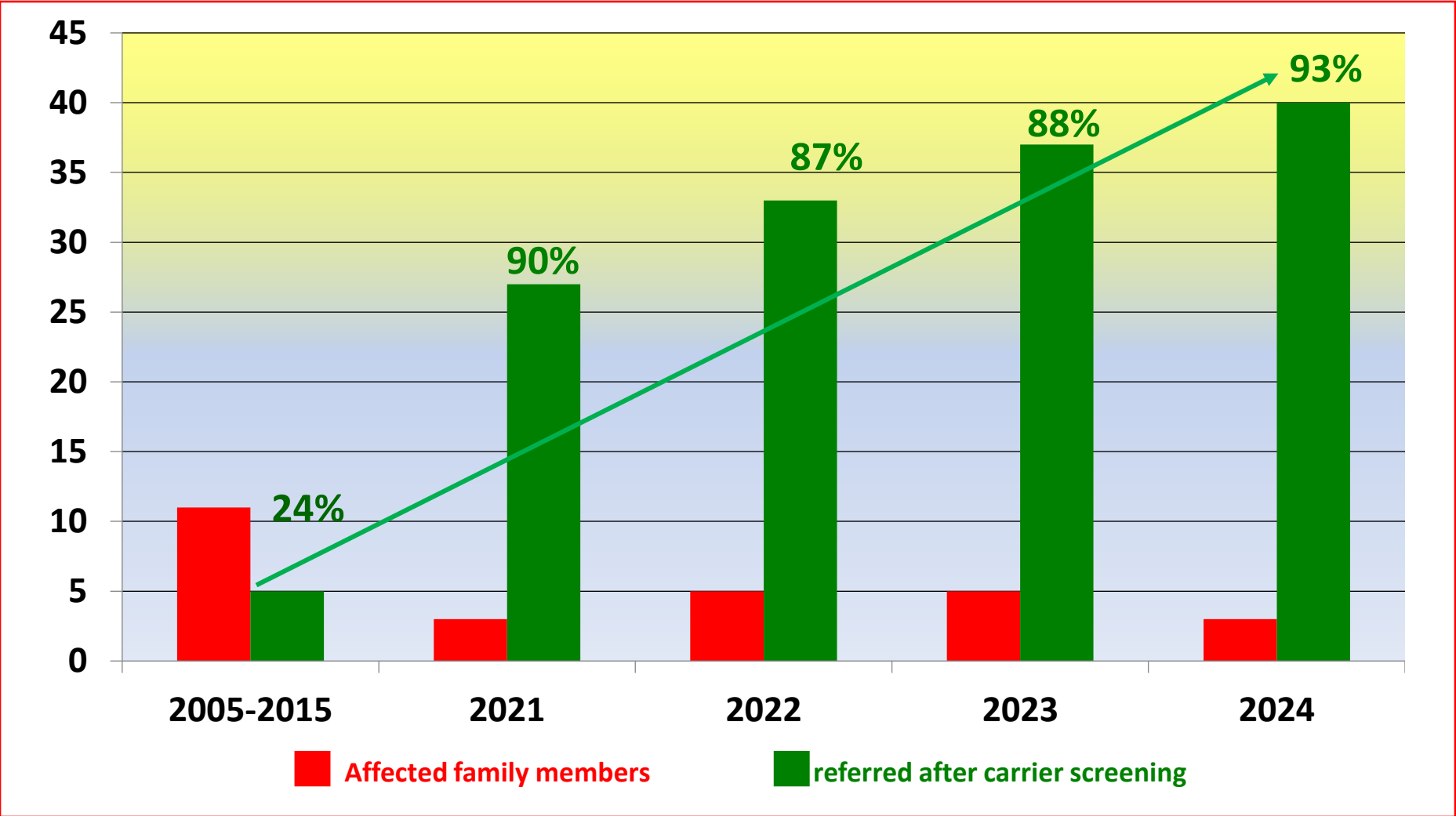
Frequency of live birthCaucasian: 1 in 2,500 to 3,500, African American: 1 in 17,000, Asian American: 1 in 31,000, and Hispanic: 1 in 4,000 to 10,000.

Carrier frequency : Caucasians: 1 in 25; Ashkenazi Jews: 1 in 29; Hispanic Americans: 1 in 46;African Americans: 1 in 61;Asian Americans: 1 in 90



Increase in PGT-M requests for **Non syndromic hearing loss (*GJB2* gene)** after carrier screening

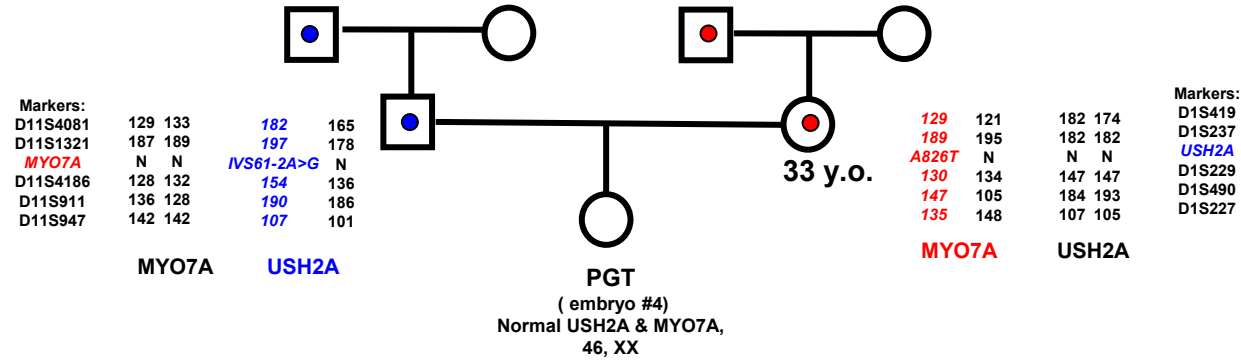
Incidence of between 1 in 500 and 1 in 1000 live births.



Type of GJB2 mutations for which PGT-M was performed

MUTATION TYPE	# CARRIERS
MISSENCE MUTATIONS: V37I+M34T	297 (58%)
13 OTHER MISSENCE MUTATIONS	25
2 SPLICING MUTATIONS	13
DEL35, DEL167, DEL235	169 (32%)
OTHER DELETION	10 (2%)
TOTAL	514

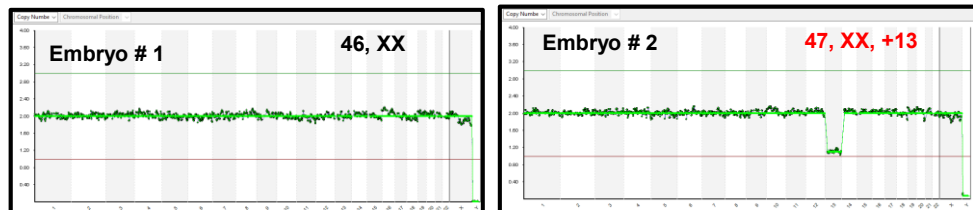
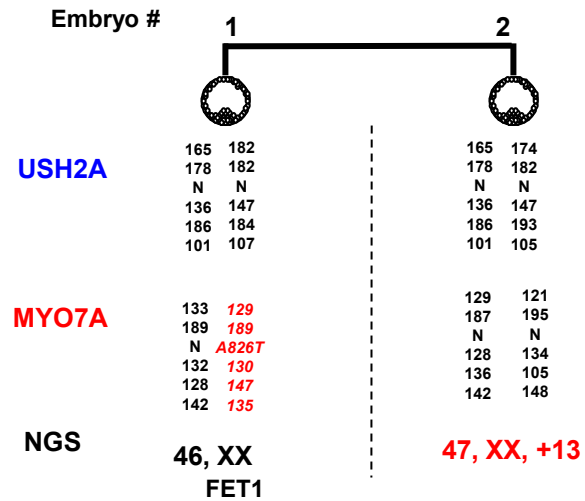
A. Family pedigree



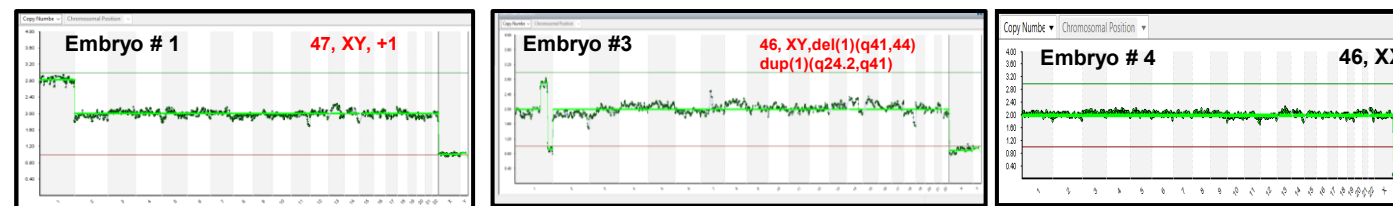
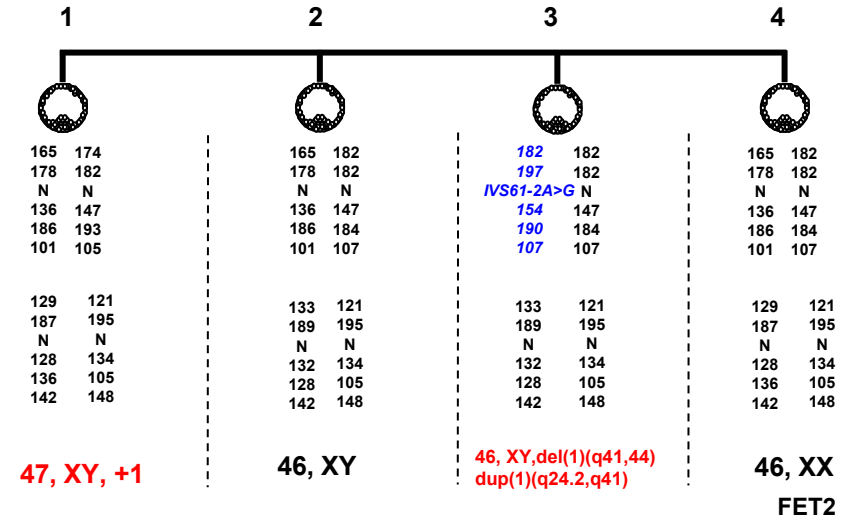
TOTAL -6
NORMAL or CARRIER USH2A -6
NORMAL or carrier MYO7A- 6
EUPLOID - 3
For transfer - 3

B. Trophectoderm analysis

Cycle #1



Cycle #2



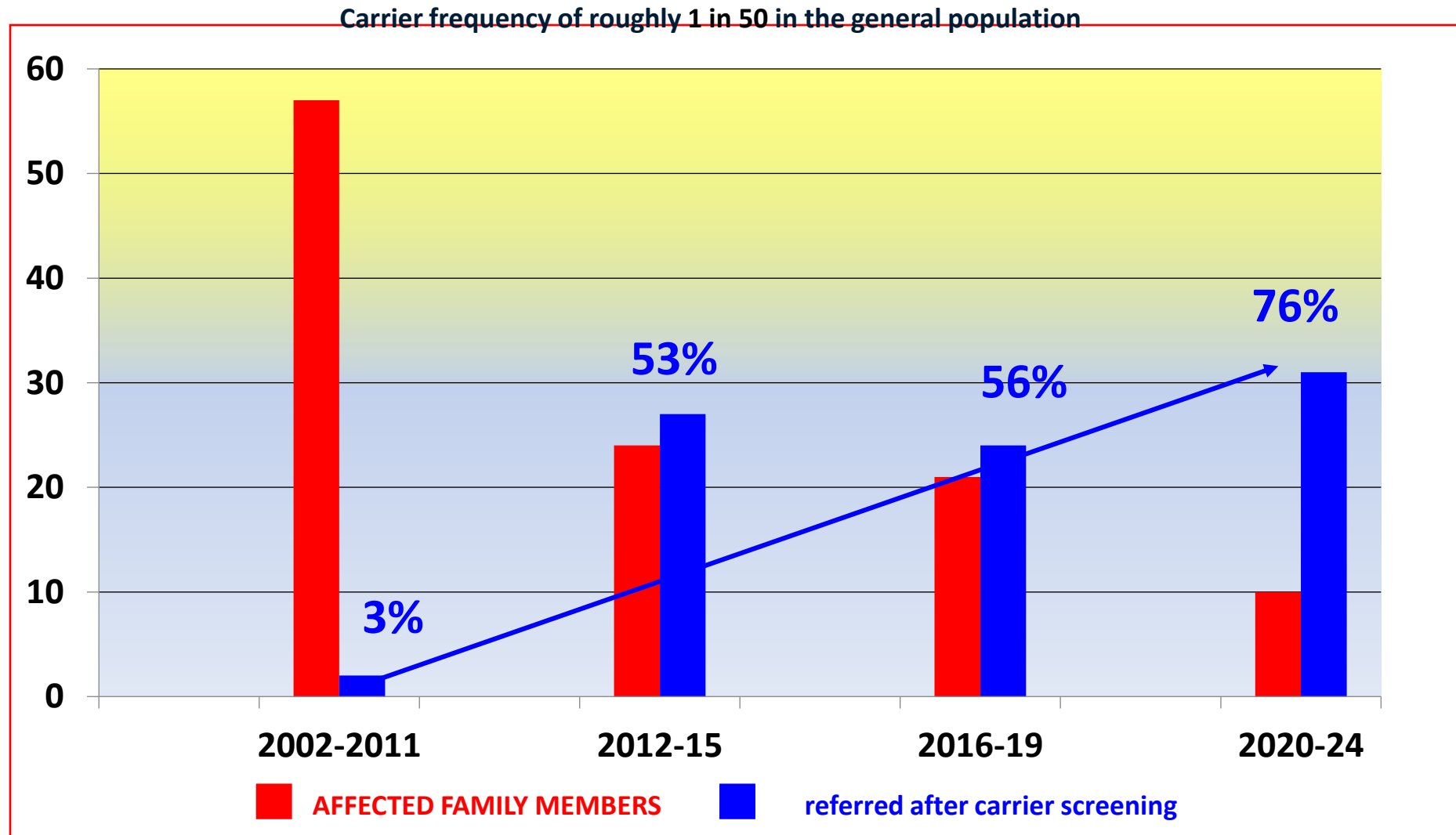
OUTCOME OF PGT-M for HEREDITARY DEAFNESS (HD)

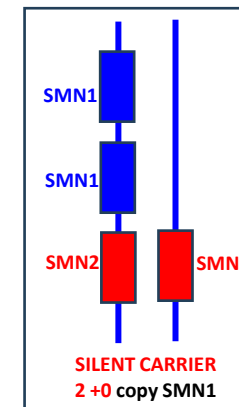
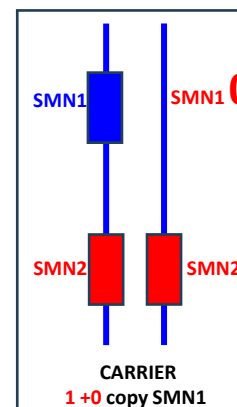
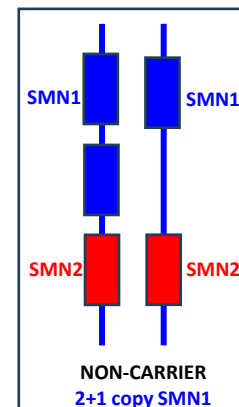
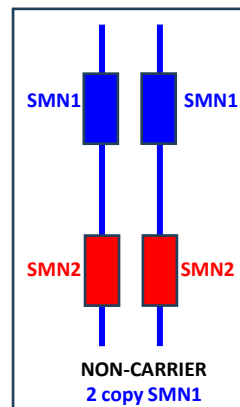
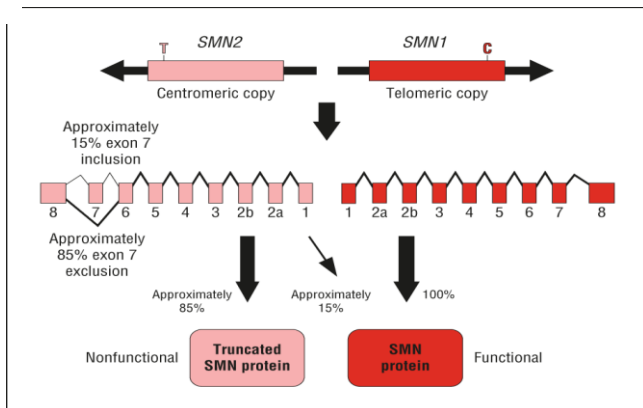
Disease	Gene	Omim	Number of Patients	Number of Cycles	Number of transfers	Number of embryos tranferred	Pegnancy	SAB	Number of Deliveries	Number of Babies
AURICULOCONDYLAR SYNDROME 2; ARCND2	PLCB4	614669	1	3	3	5	2	1	1	1
DEAFNESS, AUTOSOMAL DOMINANT 3B; DFNA3B	GJB6	612643	1	2	2	3	1	0	1	1
DEAFNESS, AUTOSOMAL RECESSIVE 3; DFNB3	MYO15A	600316	2	6	5	5	2	0	2	2
DEAFNESS, AUTOSOMAL RECESSIVE 8; DFNB8	TMPRSS3	601072	2	3	3	3	3	1	2	2
DEAFNESS, NEUROSENSORY, AUTOSOMAL RECESSIVE 1; DFNB1	GJB2	220290	140	324	314	353	208	22	186	190
DEAFNESS, X-LINKED 1; DFNX1	PRPS1	304500	1	1	1	1	1	0	1	1
PENDRED SYNDROME; PDS	SLC26A4	274600	7	10	10	9	4	0	4	4
USHER SYNDROME, TYPE I; USH1	MYO7A	276900	4	4	4	4	2	0	2	2
USHER SYNDROME, TYPE IF; USH1F	PCDH15	602083	3	8	5	7	4	2	2	2
USHER SYNDROME, TYPE IIA; USH2A	USH2A	276901	20	36	38	46	22	3	19	19
USHER SYNDROME, TYPE IIC; USH2C	ADGRV1	605472	1	2	2	3	1	0	1	1
WAARDENBURG SYNDROME, TYPE 2A; WS2A	MITF	193510	3	7	7	9	5	1	4	4
WOLFRAM SYNDROME 1; WFS1	WFS1	222300	1	2	1	1	1	0	1	1
TOTAL	(13 genes)		186	408	395	449 (1.1)	256 (65%)	30 (12%)	226 (88%)	230

PGT-M for GJB2 COMBINED WITH OTHER CONDITIONS

CONDITIONS	GENE		# FAMILIES
FAMILIAL ADENOMATOUS POLYPOSIS 1; FAP1	APC	AD	1
RETINOBLASTOMA	RB1	AD	1
BREAST-OVARIAN CANCER, FAMILIAL	BRCA1	AD	1
TUMOR PREDISPOSITION SYNDROME 4; TPDS4	CHEK2	AD	1
POLYCYSTIC KIDNEY DISEASE 1	PKD1	AD	1
BREAST-OVARIAN CANCER, FAMILIAL	BRCA2	AD	1
MUSCULAR DYSTROPHY, LIMB-GIRDLE, AUTOSOMAL RECESSIVE 23, ATAXIA-TELANGIECTASIA; AT	LAMA2 ATM	AR	1
MITOCHONDRIAL COMPLEX II DEFICIENCY, NUCLEAR TYPE 4; MC2DN4	SDHB	AR	2
ALPORT SYNDROME 1, X-LINKED; ATS1	COL4A5	AR	3
STARGARDT DISEASE 1; STGD1	ABCA4	AR	1
FABRY DISEASE	GLA	AR	1
CYSTIC FIBROSIS; CF	CFTR	AR	1
DRENAL HYPERPLASIA, CONGENITAL, DUE TO 21-HYDROXYLASE DEFICIENCY	CYP21A2	AR	1
HEMOPHILIA A	F8	XL	1
FRAGILE X SYNDROME; FXS	FMR1	XL	1
MUSCULAR DYSTROPHY, DUCHENNE TYPE; DMD	DMD	XL	1
TOTAL	17		19

Increase in PGT-M requests for **Spinal Muscular Dystrophy** after carrier screening



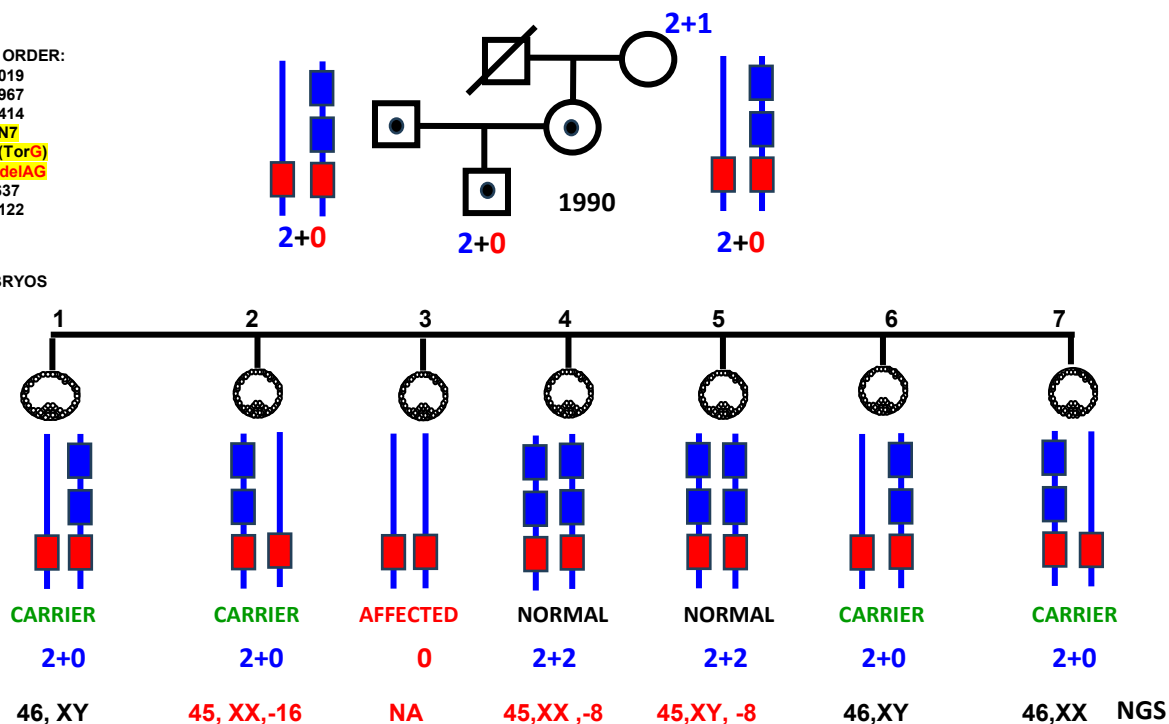


FAMILY A.

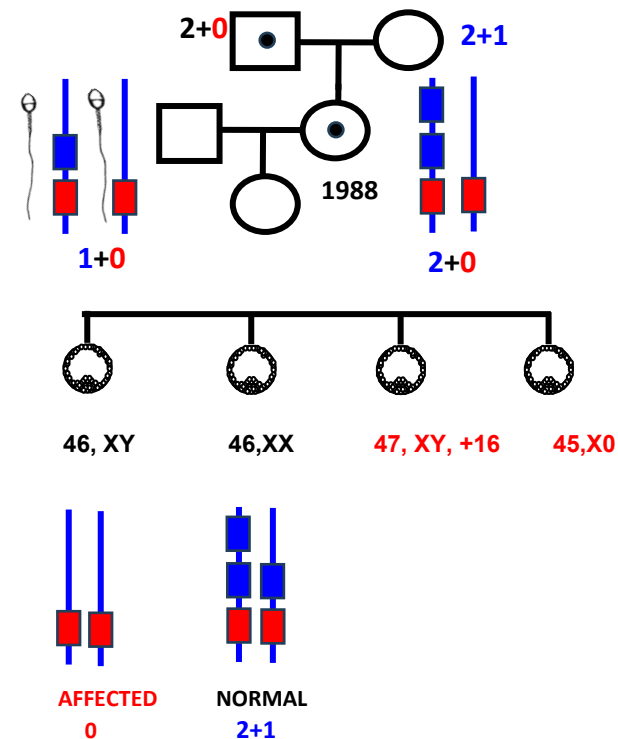
MARKERS ORDER:

D5S2019
D5S1967
D5S1414
EXON7
g.27134 (TorG)
g.27706 delAG
D5S637
D5S2122

EMBRYOS



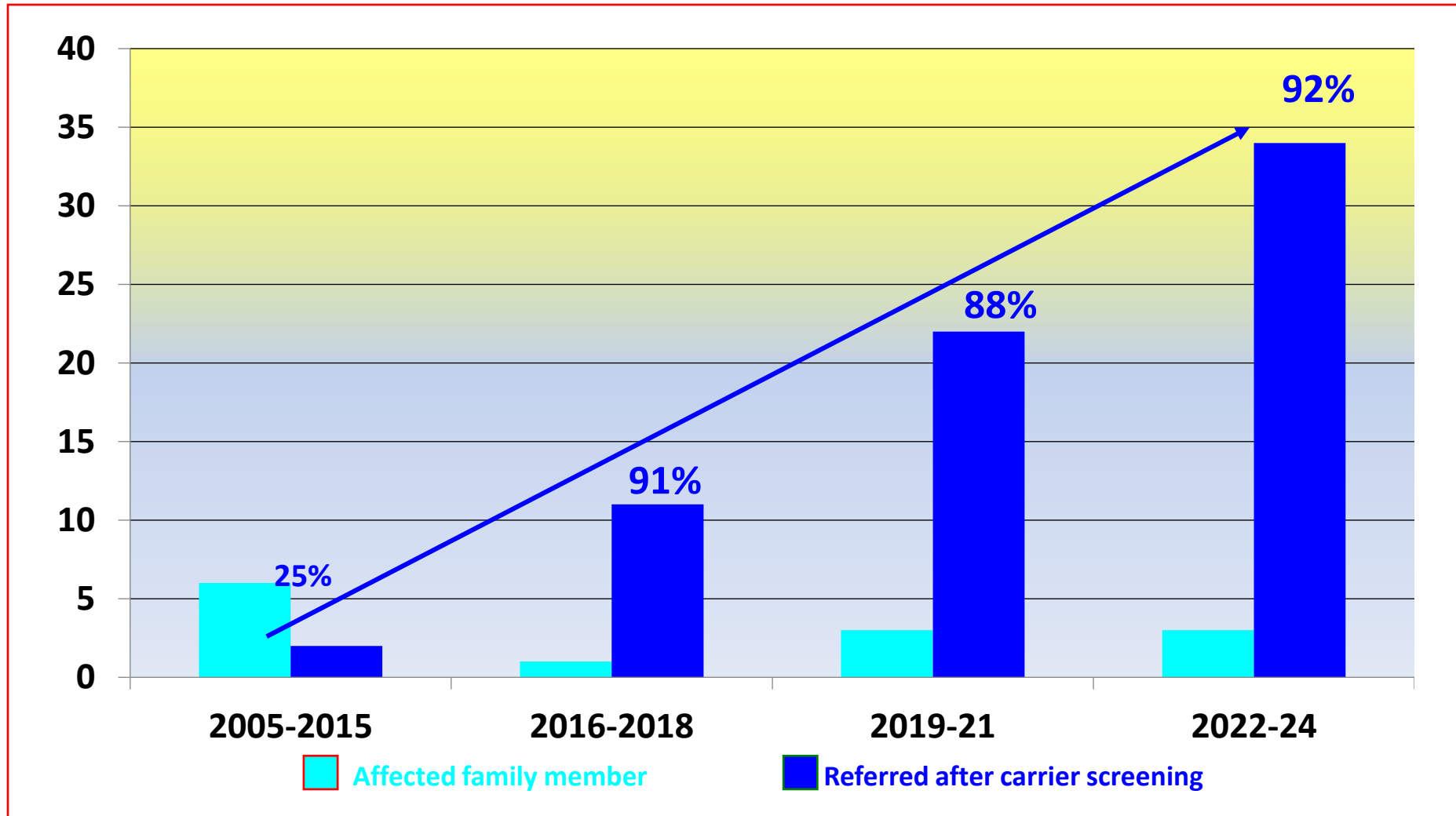
FAMILY B.



Increase of prospective PGT for **PHENYLKETONURIA** after expanded carrier screening (ECS)

Globally: The average carrier frequency is estimated to be around **1 in 50**; Caucasians: The carrier frequency is higher, around **1 in 56**;

Ashkenazi Jews: The carrier frequency is even higher, around **1 in 22**.



TOTAL 6
CARRIER or NORMAL PAH -6
NORMAL FX 4
For transfer -4

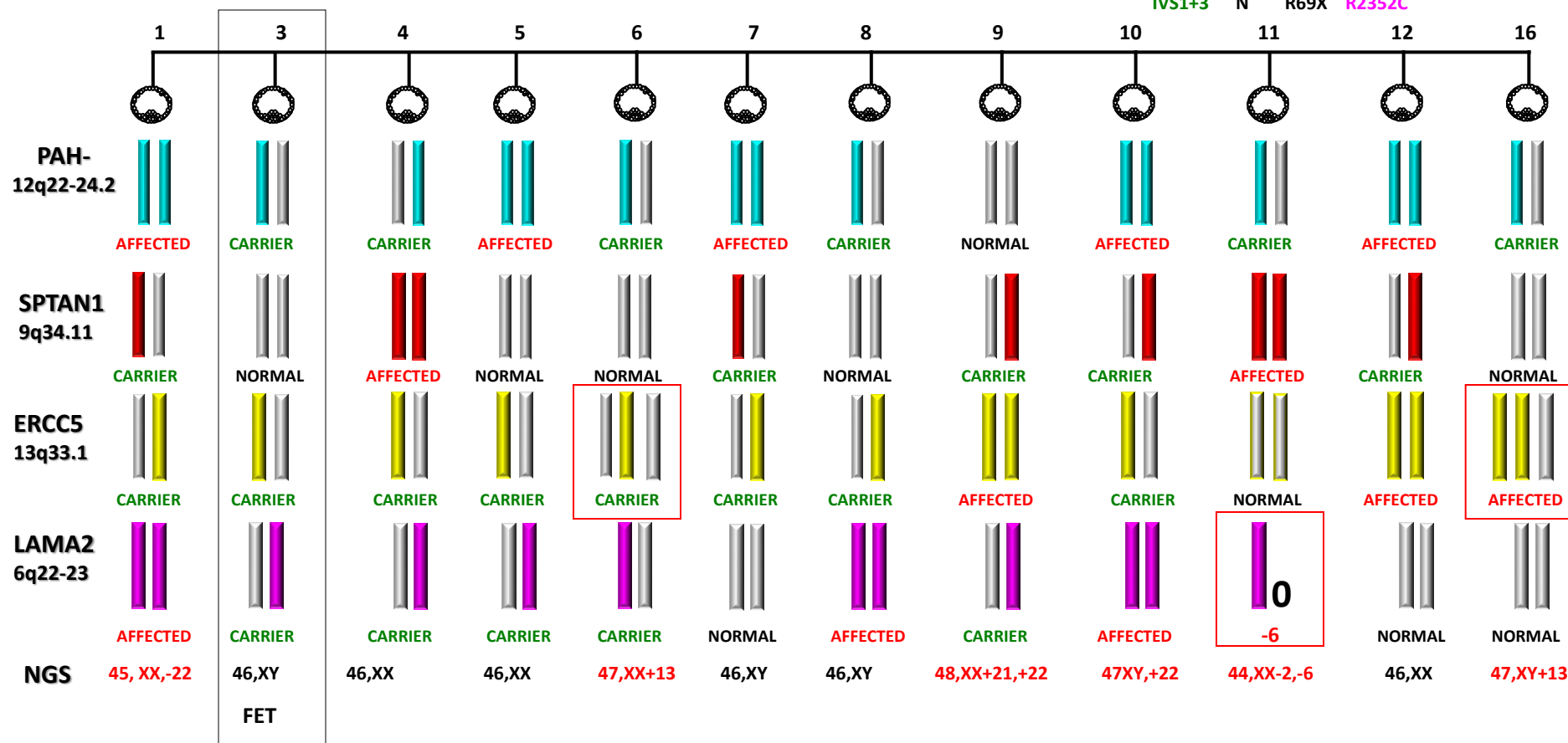
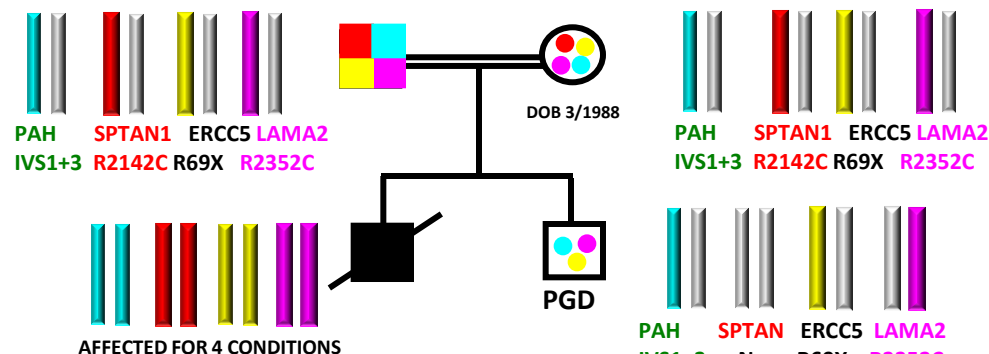
PGT-M for PHENYLKETONURIA COMBINED WITH OTHER CONDITIONS

SECOND CONDITIONS	GENE	INHERITANCE	# FAMILIES
CYSTIC FIBROSIS; CF	CFTR	AR	1
PROPIONIC ACIDEMIA	PCCA	AR	1
ADRENAL HYPERPLASIA, CONGENITAL	CYP21A2	AR	1
FAMILIAL MEDITERRANEAN FEVER	MEFV	AR	1
WILSON DISEASE	ATP7B	AR	1
DEVELOPMENTAL AND EPILEPTIC ENCEPHALOPATHY 5; DEE5 XERODERMA PIGMENTOSUM, COMPLEMENTATION GROUP G; MUSCULAR DYSTROPHY, CONGENITAL	SPTAN1 ERCC5, LAMA2	AR	1
BRCA1	BRCA1	AD	2
MYOTONIC DYSTROPHY 1 (DMPK)	DMPK	AD	3
FRAGILE X MENTAL RETARDATION	FMR1	XL	1
TRANSLOCATION			1
TOTAL	11		13

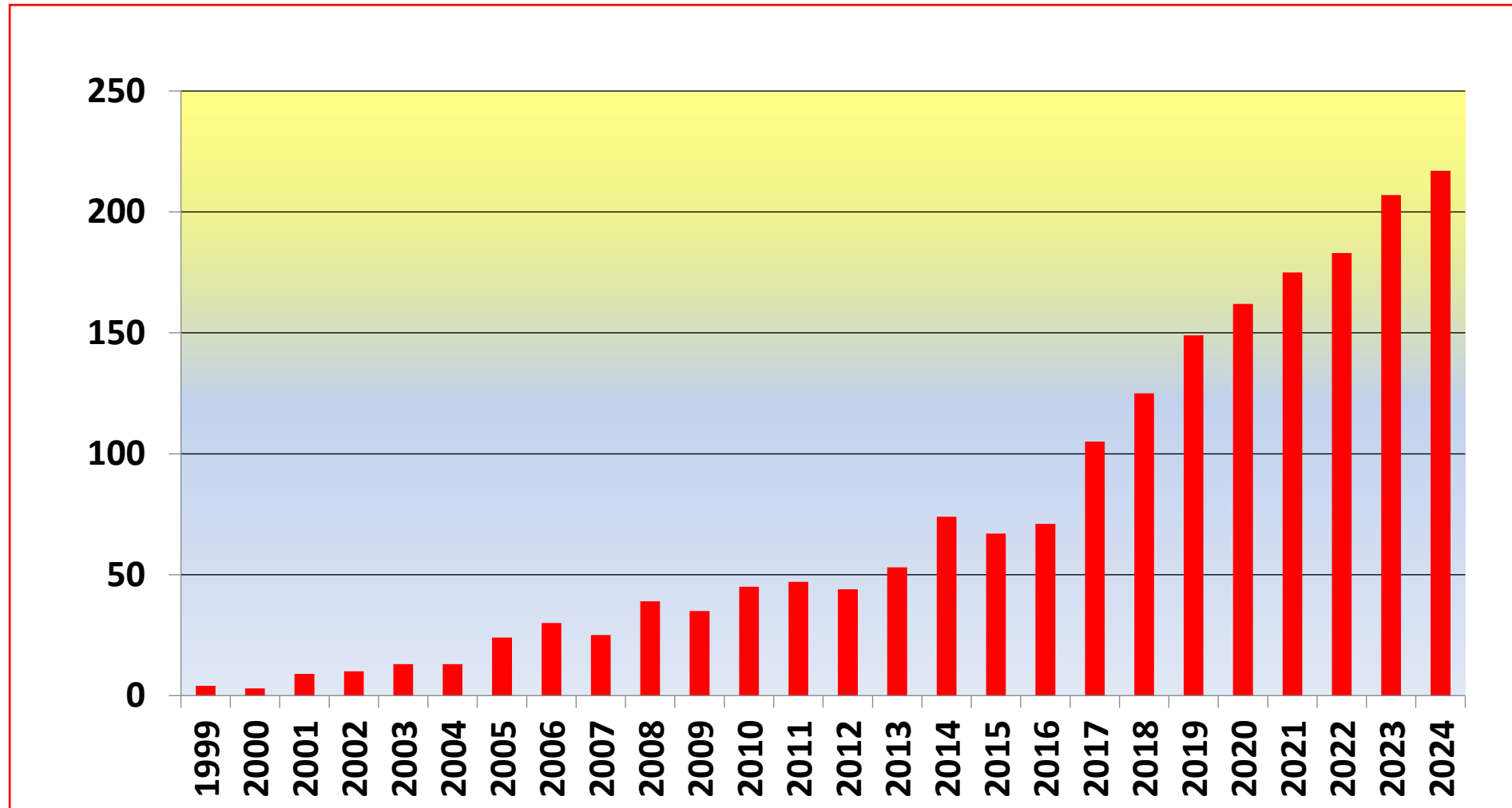
PGD FOR 4 AUTOSOMAL RECESSIVE CONDITIONS AND 24 CHROMOSOME TESTING BY NGS

Family pedigree

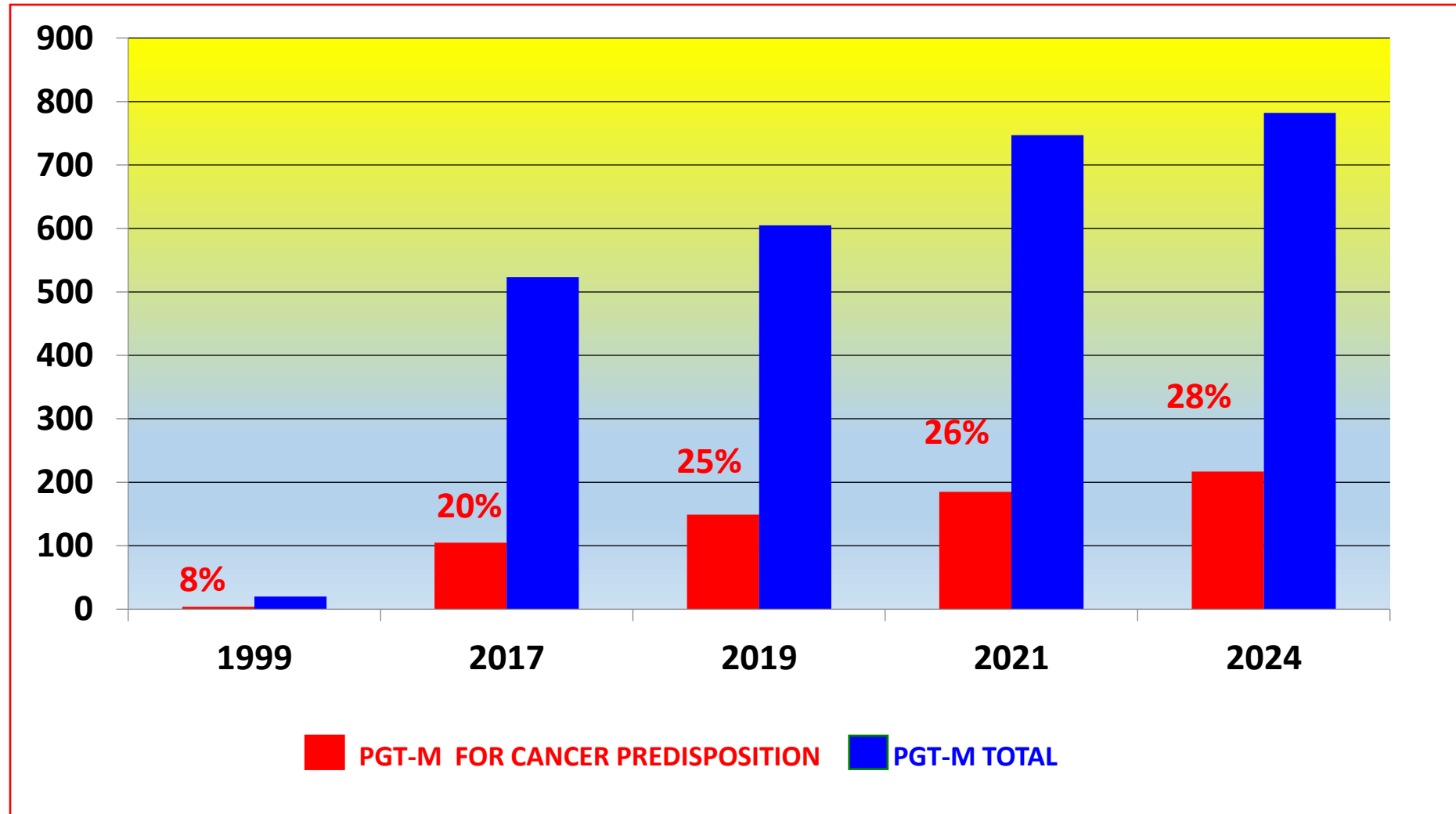
CHANCES TO FIND EMBRYO
FREE FROM PKU $\frac{1}{4}$
FREE FROM EIEE5 $\frac{1}{4}$
FREE FROM XPG $\frac{1}{4}$
FREE FROM MDCA1 $\frac{1}{4}$
FREE FROM ALL CONDITIONS: $\frac{1}{4} \times \frac{1}{4} \times \frac{1}{4} \times \frac{1}{4} = 81/256$ (31.6%)
AFFECTED FOR ALL 4 CONDITIONS: $\frac{1}{4} \times \frac{1}{4} \times \frac{1}{4} \times \frac{1}{4} = 1/256$ (0.4%)



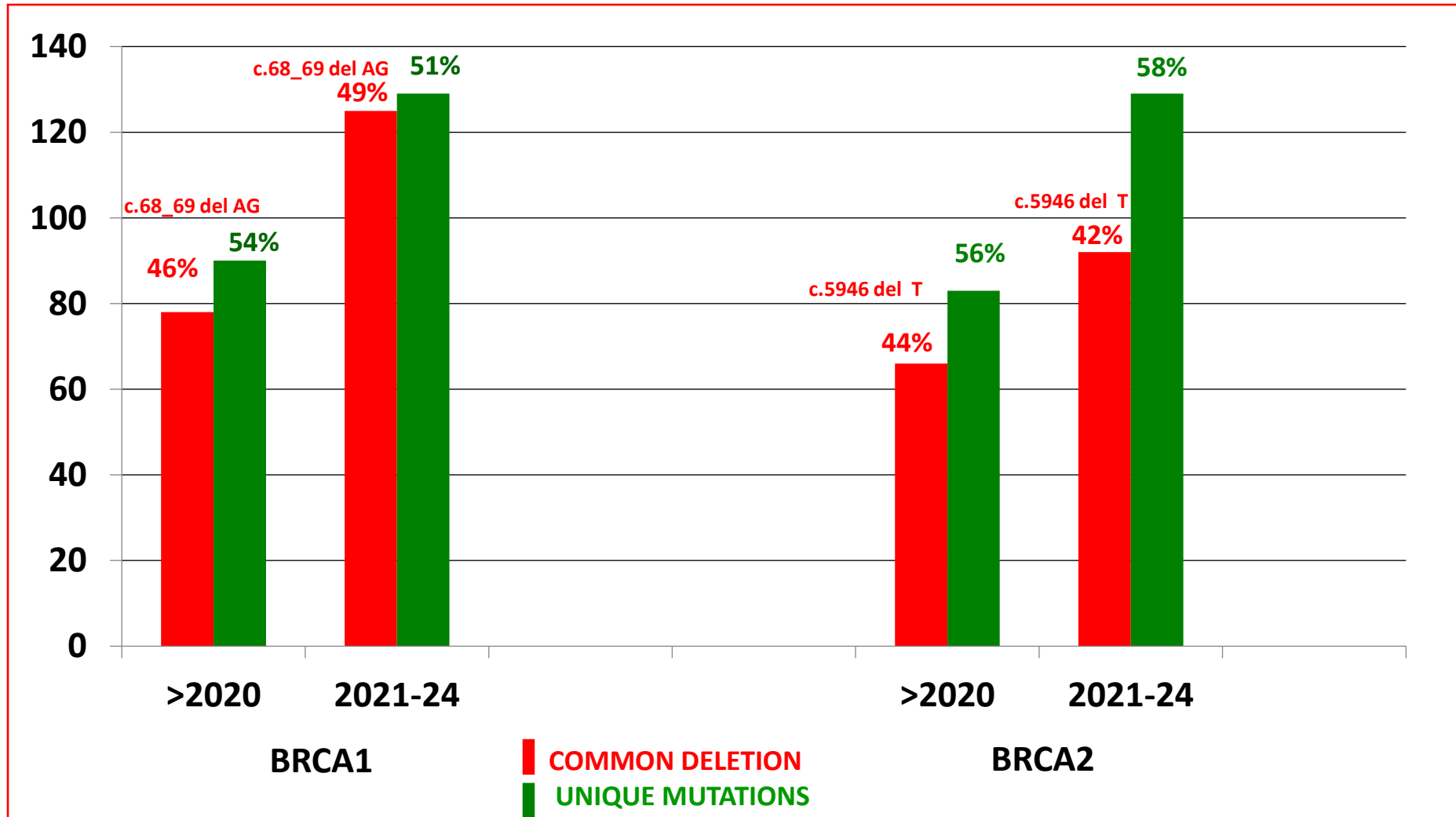
Steady Increase of PGT-M Cycles For Cancer Predisposition (45 conditions, 56 genes)



PROPORTION OF PGT-M cycles for **cancer** from **ALL PGT-M CYCLES**



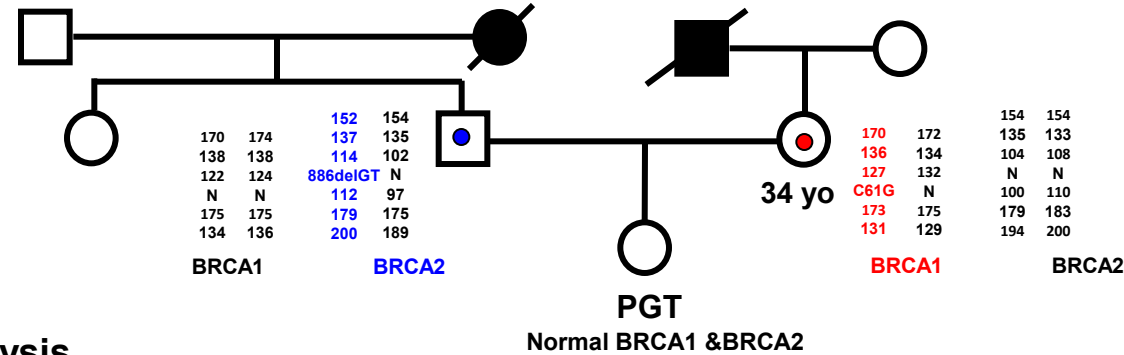
Distribution of most common and unique mutations in BRCA1 and BRCA2 genes



COMBINED PGT-M and PGT-A for BRCA1 and BRCA2 mutations

A.

Family pedigree

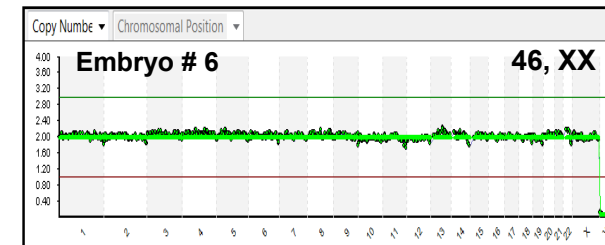
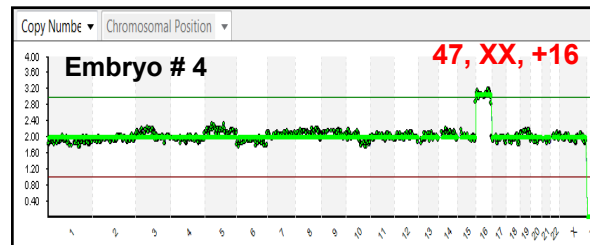
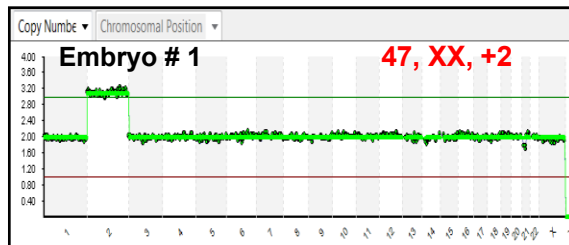


TOTAL -6
NORMAL BRCA1- 4
NORMAL BRCA2 - 5
EUPLOID - 4
SUTABLE FET - 1

B. Trophoctoderm analysis

Embryo #	1	2	3	4	5	6
BRCA 1	170 172 138 134 122 132 N N 175 175 134 129	170 170 138 136 122 127 N C61G 175 173 134 131	170 170 138 136 122 127 N C61G 175 173 134 131	174 172 138 134 124 132 N N 175 175 136 129	170 172 138 134 122 132 N N 175 175 134 129	174 172 138 134 124 132 N N 175 175 136 129
BRCA 2	154 154 135 135 102 104 N N 97 100 175 179 189 194	154 154 135 135 102 104 N N 97 100 175 179 189 194	154 154 135 135 102 104 N N 97 100 175 179 189 194	154 154 135 135 102 104 N N 97 100 175 179 189 194	152 154 137 133 114 108 886delGT N 112 110 179 183 200 200	154 154 135 135 102 104 N N 97 100 175 179 189 194
NGS	47, XX, +2	46, XX	46, XY	47, XX, +16	46, XX	46, XX FET

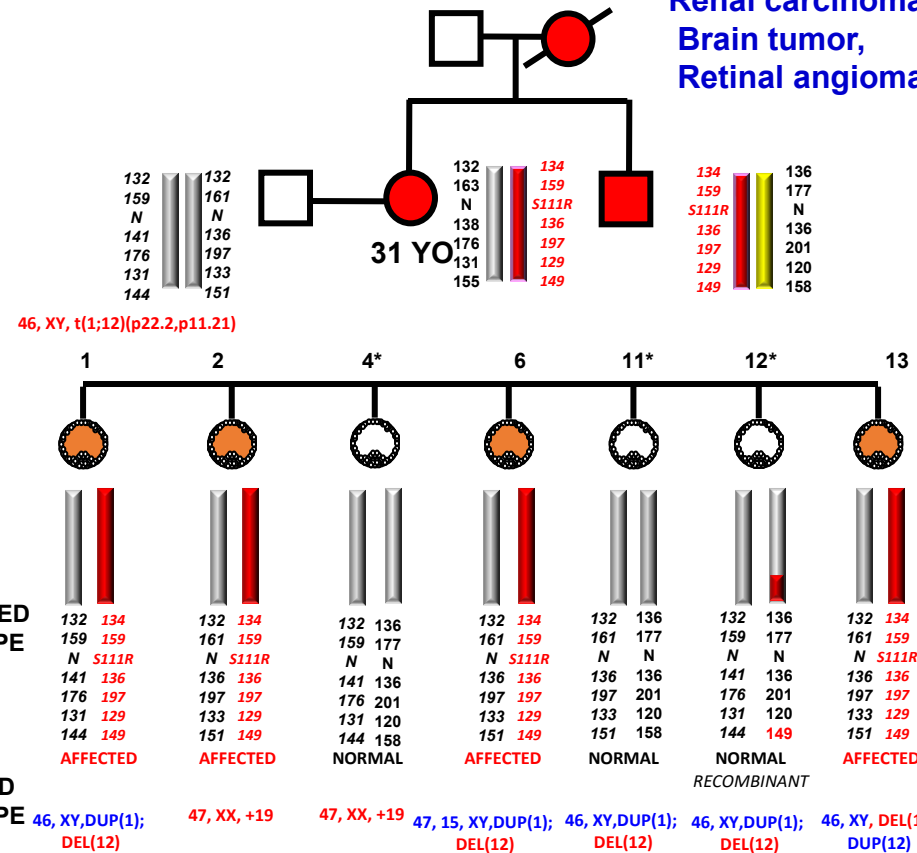
C.



Incidental finding of Structural rearrangements During PGT-M +PGT-A for Von Hippel Lindau Syndrome.

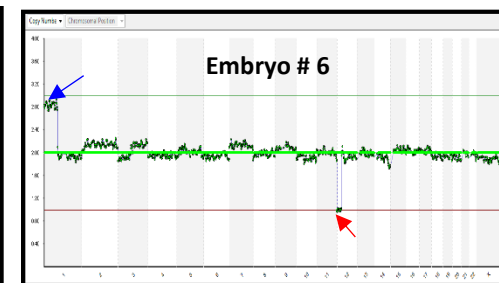
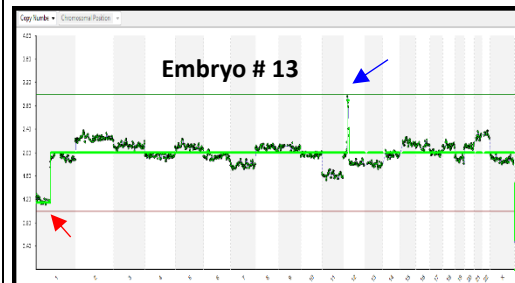
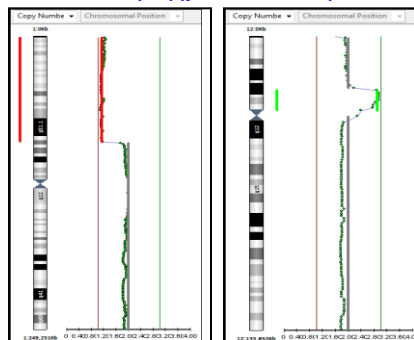
Family Pedigree

Renal carcinoma,
Brain tumor,
Retinal angiomas

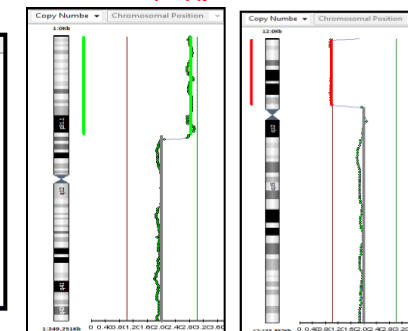


3 without mutation
4 affected
5 with translocation
2 aneuploid

46, XX, DEL(1)(p22.2;36.33);
DUP(12)(p11.21;13.33)



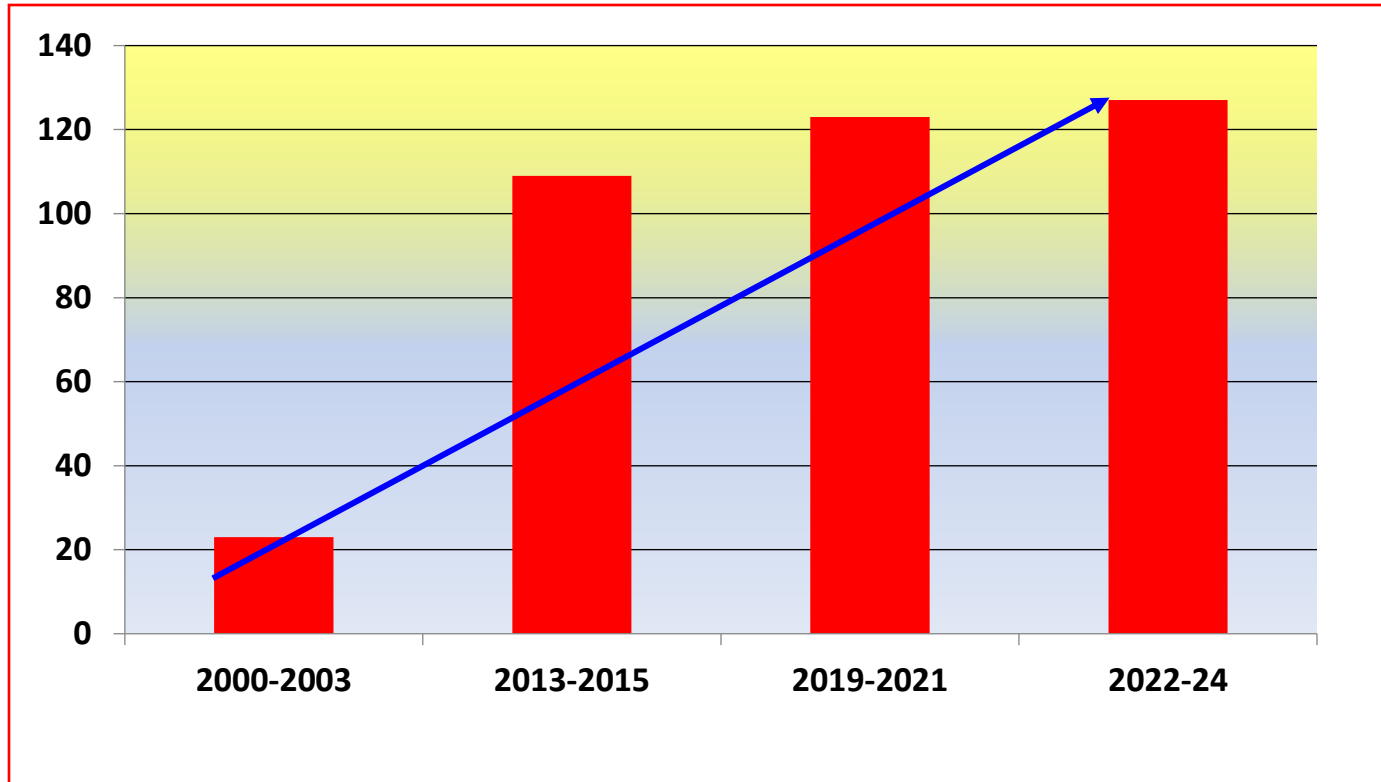
46, XX, DUP(1)(p22.2;36.33) -80 Mb
DEL(12)(p11.21;13.33 -30 Mb



STRUCTURAL REARRANGMENTS DETECTED in PGT-A or PGT-M combined with PGT-A cases

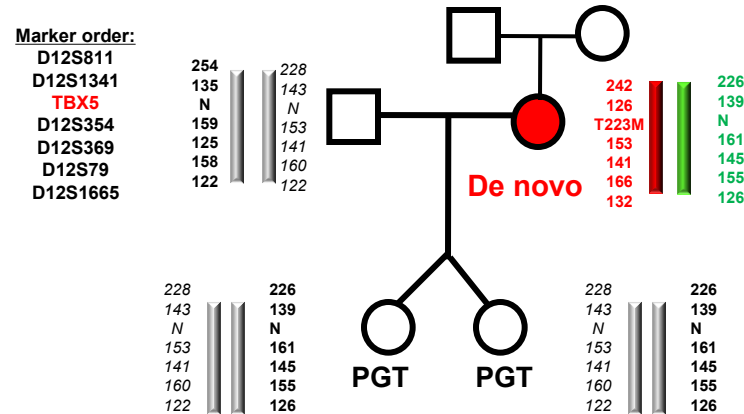
Confirmed Karyotypes:
46, XX, t(1;14)(p13.1;q11.2)
46, XY, t(7,8)(q21.2;q12)
46, XX, t(4,15)(q25q15)
46, XY, t(1,22)(p13.3;q11.2)
46, XX, t(2;13)(q13;q22); t(7,11)(q22,q24)
46, XY, t(1;16)(p34.1; p13.1)
46, XY,t(7,11)(q11.23; p11.2)
46, XX, t(1,16)(q21.1;q12.1)
46, XY, t(3,5)(q23,q13)
46, XY, t(1,12)(p22.2,p11.21)
46, XY, inv (2)(p4.2q22.2)
46, XY, t(7;10)(q36.1;p15.3)
46, XY, t(17;22)(q25;q11.2)
46, XX, t(8;13)(q21.1;q14.1)
46, XX, t(8;22)(q24.13;q11.2)
TOTAL: 32 CASES SUSPECTED, 15 CONFIRMED, 16 DECLINED, 1 NORMAL KARYOTYPE

Steady Increase of PGT cycles for **De Novo Mutations** after first description in 2000



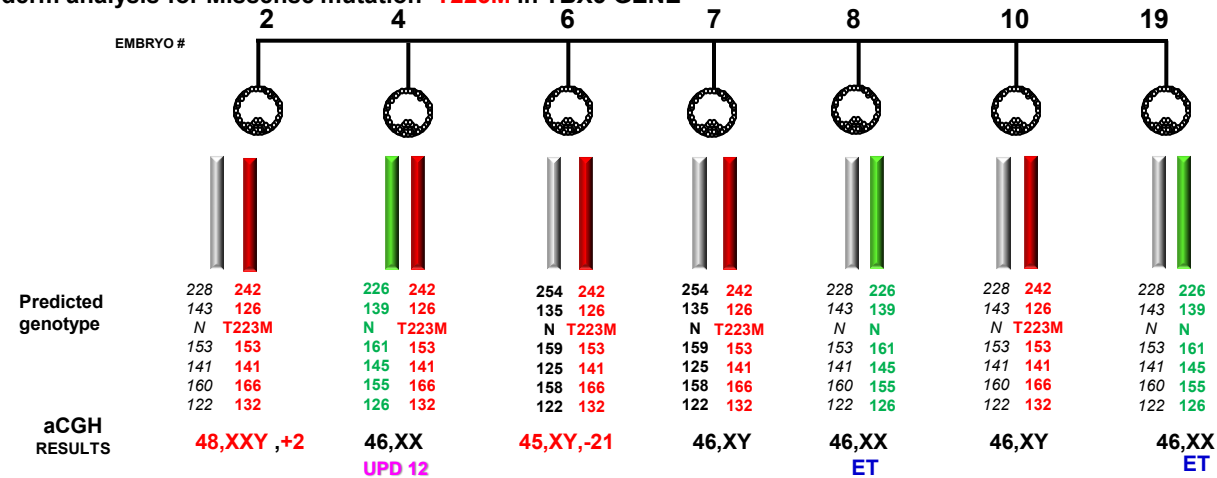
PGT-M for Holt – Oram Syndrome;

1. Family pedigree

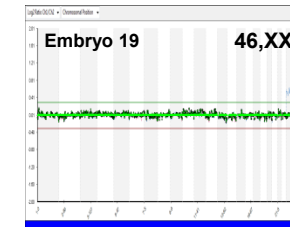
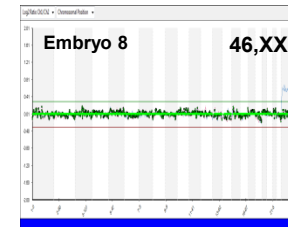
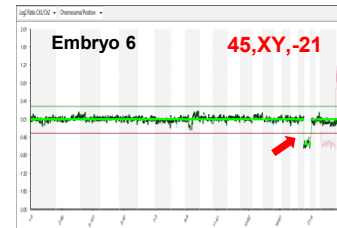
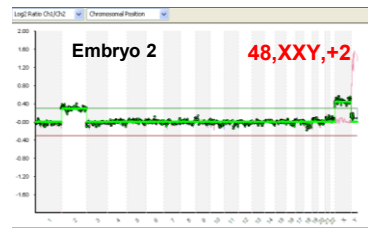


Heritable **adult-onset cardiac disorders** are usually **pleiotropic** and characterized by **structural abnormalities in multiple organ systems: thumb anomaly and atrial septal defects**

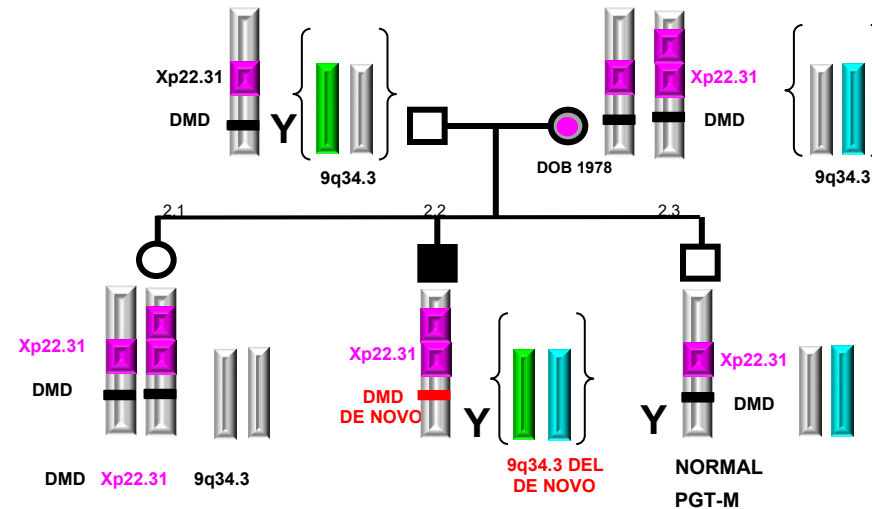
2. Trophectoderm analysis for Missense mutation **T223M** in **TBX5** GENE



TOTAL – 7
NORMAL – 2
Affected - 5
EUPLOID – 4
UPD – 1
FET - 2

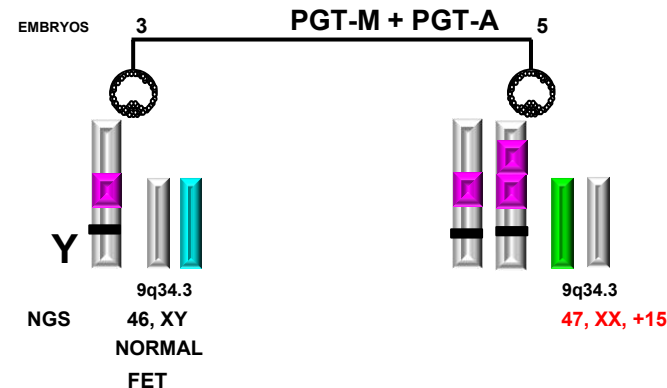


PGT-M for TWO DE NOVO MATERNAL DELETIONS: **DMD – exon 8-9** **and 9q34.3** (Kleefstra syndrome) and Xp22.31 duplication

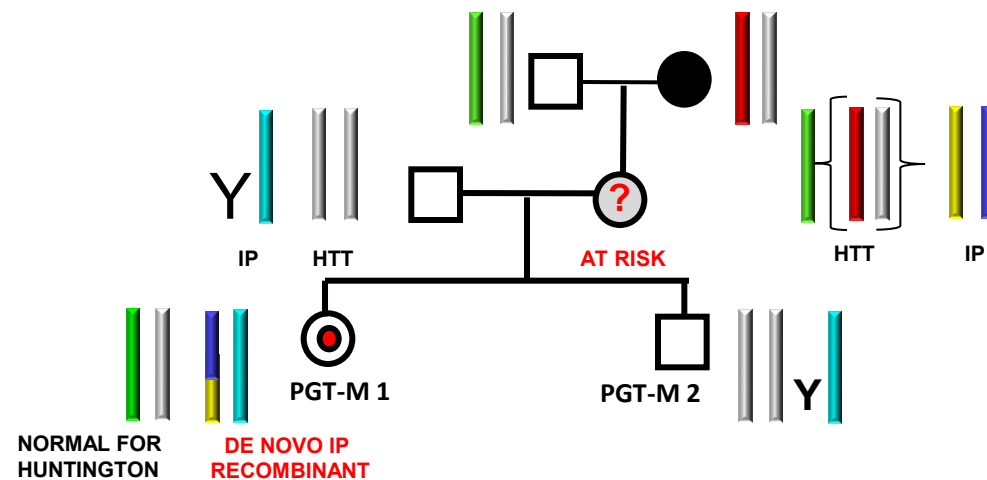


Kleefstra syndrome (KS) is a genetic disorder characterized by intellectual disability, childhood hypotonia, severe expressive speech delay and a distinctive facial appearance with a spectrum of additional clinical features.

Caused by a microdeletion in the chromosome region 9q34.3 (seen in >85% of cases), leading to the loss of the entire gene. This gene encodes an enzyme that modifies histone function and is essential for normal development.



1. Family pedigree



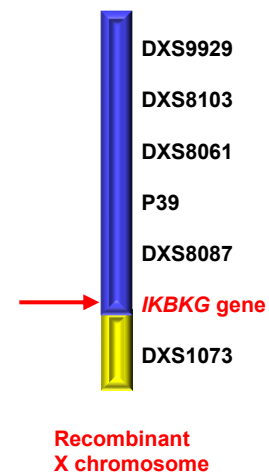
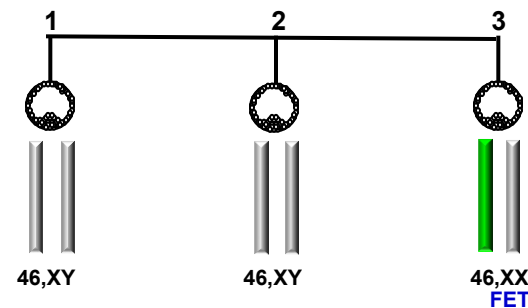
2. PGT-M +PGT-A

CYCLE 1

HTT +NGS

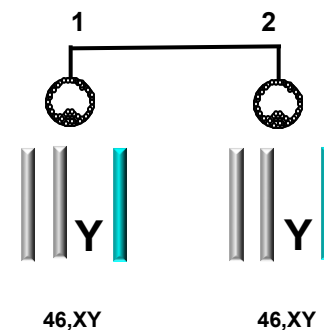
EMBRYO #

RECOMMENDED
FOR TRANSFER



CYCLE 2

RECOMMENDED
FOR TRANSFER



CONCLUSIONS:

- **PGT-M referral profile significantly changes with introduction of ECS**
- **Prospective referrals more than doubled in the last 5 years overall and even tripled for some selected conditions**
- **ECS impacts spectrum of PGT-M indications with the shift to the late onset conditions, such as cancer and cardiac disease.**
- **There is a shift in spectrum PGT-M mutations tested, from common to unique ones as seen for mutations causing breast cancer both BRCA1 and BRCA2.**
- **A wider application of ECS improves PGT-M uptake, turning it from retrospective approach to a prospective avoidance of the genetic disease in those with unknown risk.**

THANK YOU

SRECHITSKY@RGISCIENCE.COM